

TAEKWONDO

跆拳道



Join our taekwondo class to build self-confidence, discipline, and physical fitness while learning self-defense skills

加入跆拳道課程，學習防身技能的同時，提升體能、專注力與自律精神！

Free
trial lesson for new students
新生首次試堂
免費

Class Level 班別	Class Code 課程編號	Date 日期	Day 星期	Time 時間	Course Fee 課程費用
Beginner 初階班 (Age年齡: 3-15)	TA261111	3,10,17,24/ 11	Tue 星期二	4:00 pm - 5:00 pm	\$700
Intermediate (Green-Blue Belt Level or above) 進階班(綠藍帶程度或以上) (Age年齡: 6-15)	TA261126	3,10,17,24/ 11	Tue 星期二	5:00 pm - 6:00 pm	
Beginner 初階班 (Age年齡: 4-10)	TA261114	4,11,18,25/ 11	Wed 星期三	4:00 pm - 5:00 pm	
Beginner 初階班 (Age年齡: 4-10)	TA261115	4,11,18,25/ 11	Wed 星期三	6:00 pm - 7:00 pm	



Multi Purpose Room, Club Bel-Air Bay Wing 灣畔會所多用途活動室(Tue 星期二)
Aerobics Room, Club Bel-Air Peak Wing 朗峰會所健康舞室(Wed 星期三)

FREE trial lesson for NEW students; limit one per NEW student.
新生免費體驗課程一次，每位新生限參加一次。

For further information or enrollment , please contact Club Bel-Air Reception at Bay Wing (2989 9000) / Peak Wing (2989 6500).

Photos are for reference only.

報名或查詢，歡迎致電貝沙灣灣畔會所(2989 9000)或朗峰會所(2989 6500)。圖片只供參考。



貝沙灣